

RESOURCES & CHAPTER INFORMATION

Saskatoon Chapter

President: Cam Heintz

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Vice-President: Alice Gibson

alicegibson@sasktel.net

Amaryllis Rep: Sheila Hamblin

Tel: (306) 652-3025

Regina Chapter

Area Rep: Evan Robinson

Tel: (306) 652-3025

HSC National Office

151 Frederick Street, Suite 400

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1-800-998-7398

info@huntingtonsociety.ca

Saskatchewan Huntington Disease Resource Centre

Erin Stephen, BSW, RSW

PO Box 23079

2325 Preston Avenue

Saskatoon, SK S7J 5H3

Tel: (306) 979-9111

estephen@huntingtonsociety.ca

The Saskatchewan Huntington Disease Resource Centre (SK-HDRC),

located in Saskatoon, offers the Huntington Society of Canada's Family Services Program.

Erin Stephen, RSW, is available 4 days per week to assist individuals and families living with Huntington disease (HD).

Educational information is also available for health professionals who support HD patients.

SK-HDRC Services include:

- Information on HD and related community services
- Short-term counselling
- Connecting families with community services through referral and advocacy
- Educational sessions to groups of professionals

SASKATCHEWAN NEWS

Saskatoon Chapter

After years of dedicated service to the community June Nichol has stepped down as President of the Saskatoon Chapter. We thank June for all of her hard work and commitment over the years. She has contributed greatly to the success of the Saskatoon Chapter! Cam Heintz has been very active in the Saskatoon Chapter over the past year and has now come forward to take over the role of President. We welcome Cam and appreciate his efforts to support the Saskatoon Chapter moving forward!

The Chapter continues to meet at 7pm on the 2nd Tuesday of the following months: March, April, May, June, October and November. In December the Chapter hosts a Christmas pot luck dinner. The meetings take place at the W.A. Edwards Family Center on 4th Ave in downtown Saskatoon. The Chapter is always welcoming of new members to attend the meetings and to assist in their fundraising efforts. News from around Canada and the world are shared regarding HD events and research. Please contact **Cam Heintz** at hdsaskatoon@gmail.com for more information about how you can get involved.

The Saskatoon Chapter is still interested in collecting Canadian Tire money. If you are interested in donating your Canadian Tire money to help support the Saskatoon Chapter events please contact Sheila Hamblin at (306) 652-3025.

Walk For a Cure

Walk for a Cure was a huge success again here in Saskatchewan! This spring Wawota, Saskatoon, and Lafleche hosted walks. Wawota's Walk took place on April 26th and raised over \$1,800. In Saskatoon, the Walk took place on June 1st, was sponsored generously by **ASL Limited**, and raised over \$6,700. Lafleche held their Walk on June 8th and raised over \$5,500. Thank you to everyone who supported the Walks. Congratulations Wawota, Saskatoon, and Lafleche!

Co-op Charity Brunch

The Saskatoon Chapter of the Huntington Society of Canada is holding its annual Charity Brunches this fall at Co-op Stores on 33rd & 8th Street in Saskatoon on November 17th. Tables will be set up at both locations to allow shoppers the opportunity to purchase an Amaryllis with all proceeds going towards the Huntington Society of Canada. Volunteers are always needed so if you are able to help out please contact Alice Gibson, Chapter Vice President at alicegibson@sasktel.net **Please bring your family out for a delicious breakfast and support HSC!**

Area Representatives are individuals who work independently from a Chapter because of their rural location but can perform many of the same functions as a Chapter on a much smaller scale. Representatives have the autonomy and flexibility to fundraise and promote awareness in their communities with the support and resources of the Huntington Society of Canada. Please feel free to contact a Representative from your area if you would like support or if you have questions or concerns about living with HD.

Regina Area Rep.

Evan Robinson Tel: (306) 924-2381

Esterhazy & Yorkton Area Rep.

Debbie Pask Tel: (306) 745-6298

S.E. Saskatchewan Area Rep./Estevan

Judith Pierce Tel: (306) 634-6617

S.E. Saskatchewan Area Rep./Wawota

Joanne Corkish Tel: (306) 739-2237

S.E. Saskatchewan Area Rep./Heward

Bonita Slimmon Tel: (306) 457-2801

N.E Saskatchewan / Lloydminster SK

Lyle Younger Tel: (780) 871-8938

If you would like more information on becoming an Area Representative, please contact Devin Bonner at the National Office at 1-800-998-7398 or events@huntingtonsociety.ca.

The Saskatchewan Multi-Disciplinary HD Clinic continues to offer support to individuals living with HD throughout the province. Neurologist, Dr. Andrew Kirk; Psychiatrist, Dr. Vern Bennett; and Erin Stephen, the SK-HDRC Director are all part of the team of HD specialists who address medical, psychological, social, and educational needs of HD patients and families. The goal of the clinic is for care to be facilitated, coordinated, and managed together by all three with a closer tie to community services. Clinic dates are currently running once a month on Thursday mornings. Please ask your family doctor to refer you to the clinic by contacting Dr. Bennett's office at (306) 966-8229.

Carol's 7th Quilt Raffle

The 7th Saskatchewan Quilt Raffle is now underway and has been named in honour of Carol Ellis. Carol planned and organized the first five Saskatchewan quilt raffles. For 30 years Carol was the heart and soul of the Huntington Society in Saskatchewan. Tragically, for her family and for the Huntington Society Carol passed away in 2005.

By selling raffle tickets you are supporting research, education and services for Huntington disease. Tickets are \$2 each. June has posters of the 1st prize quilt. If you would like posters please contact her and she will mail them to you. Thank you to those who generously made and donated these beautiful prizes!

1st Prize - Queen Size Keyboard Quilt valued at \$870 donated by Marion Husband

2nd Prize - 3' x 4' Quilt valued at \$300 donated by Helen Gwilliam

3rd Prize – Afghan valued at \$100 donated by Marcella Kulig

4th Prize – Pot Holder Oven Mitts valued at \$25 donated by Joanne Corkish

If you require more tickets please contact **June Nichol at (306) 997-2052**. All sold and unsold tickets should be returned to June prior to the draw date, October 8th, 2013. Please do not send cash through the mail when returning tickets. Cheques can be made out to *Carol's 7th Quilt Raffle* and mailed to:

**June Nichol
Box 183
Borden, SK
S0K 0N0**

Huntington Society Resource Centre

Caregivers Group: The Caregivers Support Group continues to run from September to June on the first Monday of every month at 7:00 pm. The group meets at the W.A. Edwards Centre on 4th Avenue in downtown Saskatoon. The group consists of spouses who come together to receive support and information about living and caring for someone with HD. New members are always welcome with no commitment required. An agenda of dates and discussion topics are available by contacting Erin Stephen at (306) 979-9111.

Individual and Family Services Worker – Regina:

Lisa Zaphe, BSW is the Individual and Family Service Worker for the Regina area. Lisa continues to work to make connections and provide support and resources to families, individuals, community facilities and the Regina Chapter. She is available 10 hours per month to support and advocate for you!

Regina Individual and Family Services

Lisa Zaphe, BSW

Regina, SK

(306) 522-2089

Email: lzaphe@huntingtonsociety.ca

Volunteers

We are always looking for new volunteers! If you, or someone you know, may be interested in volunteering please call us at 1-800-998-7398 or email volunteer@huntingtonsociety.ca

Young People Affected by HD

YPAHD is a Chapter of the Huntington Society of Canada with a mission of providing a community and support network for youth affected by HD. To get connected with others and stay informed visit www.ypahd.ca.

TeamHD

Are you a fitness buff? Do you enjoy walking or running? We are looking for someone to take the lead on a new, exciting initiative.

TeamHD is a National team of runners who participate in local running events across Canada and fundraise for HSC. We are currently recruiting runner in the Niagara region.

If you are interested, please contact Devin Bonner at 1-800-998-7398 or events@huntingtonsociety.ca.

Have YOU bookmarked OUR website yet? Everything you want to know about HD - local and national. What's new? What's happening?

Keep informed at
www.huntingtonsociety.ca
www.facebook.com/HuntingtonSC
on Twitter @HuntingtonSC

A big thanks to the Order of the Eastern Star!

In 2012 the Order of the Eastern Star chose the Huntington Society of Canada as their charity of choice for the year. Dennis Skuce was the Grand Worthy Patron for the Order of the Eastern Star for 2012. Dennis connected with Erin Stephen, Resource Centre Director, in early 2012 and explained that he has a personal connection to HD. When the Order of the Eastern Star chooses a charity of choice, they not only raise money for that charity but for the duration of the year they make a point of educating their different Chapters about the charity.

The Order of the Eastern Star is the largest fraternal organization in the world to which both women and men may belong. Worldwide, there are over 500,000 members under the General Grand Chapter Eastern Star. The stated purposes of the Order of the Eastern Star are: Charitable, Educational, Fraternal and Scientific; but there is much more to it than that. The Eastern Star strives to take good people, precept, example, and through uplifting and elevating associations of love and service, build an Order which is truly dedicated to charity, truth and loving kindness.

The Grand Chapter Annual Communication took place at the Delta Hotel in Regina, Saskatchewan from April 25-27, 2013. HSC's very own Erin Stephen was invited to attend on the evening of April 25th where the Order presented HSC with a cheque for \$6,000. A very big thank you to the Order for their fundraising and educational efforts; it is efforts such as these that help build awareness in Saskatchewan and raise much needed funds to help support families living with HD.

If anyone has any information from around the province that they would like to see featured in the newsletter please contact Erin Stephen, Resource Centre Director for Saskatchewan so it can be included in upcoming issues. We would love to hear about what is happening around the province with regards to raising awareness, fundraising and support services.