

## RESOURCES & CHAPTER INFORMATION

### Saskatoon Chapter

President: Cam Heintz

Tel: (306) 381-7973

[hdsaskatoon@gmail.com](mailto:hdsaskatoon@gmail.com)

Vice-President: Alice Gibson

[alicegibson@sasktel.net](mailto:alicegibson@sasktel.net)

Amaryllis Rep: Sheila Hamblin

Tel: (306) 652-3025

### HSC National Office

151 Frederick Street, Suite 400

Kitchener, ON N2H 2M2

1-800-998-7398

[info@huntingtonsociety.ca](mailto:info@huntingtonsociety.ca)

### Saskatchewan Huntington Disease Resource Centre

Erin Stephen, BSW, RSW

PO Box 26012

Saskatoon SK S7K 8C1

Tel: (306) 979-9111 or 1-855-253-0215

[estephen@huntingtonsociety.ca](mailto:estephen@huntingtonsociety.ca)

### The Saskatchewan Huntington Disease Resource Centre (SK-HDRC),

located in Saskatoon, offers the Huntington Society of Canada's Family Services Program.

Erin Stephen, RSW, is available

Tuesdays, Wednesdays and Thursdays between 9:30 am and 3:30 pm to assist

individuals and families living with

Huntington disease (HD). Educational

information is also available for health

professionals who support HD patients.

SK-HDRC Services include:

- Information on HD and related community services
- Short-term counselling
- Connecting families with community services through referral and advocacy
- Educational sessions to groups of professionals

## SASKATCHEWAN NEWS

### Message from the Saskatoon Chapter President

The Chapter continues to meet at 7pm on the 2<sup>nd</sup> Tuesday of following months: October, November, March, April, May, and June. In December the Chapter hosts a Christmas pot luck dinner. The meetings take place at the W.A. Edwards Family Center on 4<sup>th</sup> Ave in downtown Saskatoon. The Chapter is always welcoming of new members to attend the meetings and to assist in their fundraising efforts. News from around Canada and the world are shared regarding HD events and research. Please contact **Cam Heintz** at [hdsaskatoon@gmail.com](mailto:hdsaskatoon@gmail.com) for more information about how you can get involved.

The Saskatoon Chapter is still interested in collecting Canadian Tire money. If you are interested in donating your Canadian Tire money to help support the Saskatoon Chapter events please contact Sheila Hamblin at (306)-652-3025.

### Upcoming Events:

**Riders Fundraiser:** The 2<sup>nd</sup> annual Riders Football Fundraiser is nearing completion! Last year we were able to raise close to \$1,000 and we are excited to surpass that this year!

2014 Draw Date & Location: Sept. 9, 2014 at 7 PM, Edwards Family Centre, Saskatoon, SK

1st Prize Package (value: \$462)

- 4 tickets to Saskatchewan vs. Calgary, Oct. 3rd (value: \$212)
- \$200 gift card to Riders Store
- \$50 gas card

2nd Prize Package (value: \$201)

- 2 tickets to Saskatchewan vs. Calgary, Oct. 3rd (value: \$126)
- \$75 gift card to Riders Store

3rd & 4th Prize Package (value: \$75 each)

- \$75 gift card to Riders Store

If you would like to sell or purchase tickets in your area, please contact Cam at (306) 381-7973.

### Event Highlights - Annual Huntington's Walk for a Cure

For the past several years we have gathered for these walks to show support for our loved ones and to help raise money to go towards finding a cure for HD. All of the walks that took place though out Saskatchewan in 2014 were incredibly successful. On April 25<sup>th</sup>, walkers in Wawota raised \$1,810, on June 1<sup>st</sup> in Regina \$8,397 was raised, and in Saskatoon on June 7<sup>th</sup> volunteers and participants raised over \$11,000.

Thanks to the dedicated volunteers and all the Saskatchewan communities who helped fundraise on behalf of the Huntington Society of Canada. Congratulations everyone and see you again next year!

Area Representatives are individuals who work independently from a Chapter because of their rural location but can perform many of the same functions of a Chapter on a much smaller scale. Area Representatives have the autonomy and flexibility to fundraise and promote awareness in their communities with the support and resources of the Huntington Society of Canada. **Please feel free to contact a Representative from your area if you would like support or if you have questions of concerns about living with HD.**

### **Regina Area Rep.**

Evan Robinson Tel: (306) 924-2381

### **Esterhazy & Yorkton Area Rep.**

Debbie Pask Tel: (306) 745-6298

### **Southeast SK Area Rep./Estevan**

Judith Pierce Tel: (306) 634-6617

### **Southeast SK Area Rep./Wawota**

Joanne Corkish Tel: (306) 739-2237

### **Southeast SK Area Rep./Heward**

Bonita Slimmon Tel: (306) 457-2801

### **Northeast SK Area Rep./Lloydminster**

Lyle Younger Tel: (780) 871-8938

If you would like more information on becoming an Area Representative, please contact Devin Bonner at the National Office at 1-800-998-7398 or [volunteer@huntingtonsociety.ca](mailto:volunteer@huntingtonsociety.ca).

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The Saskatchewan Multi-Disciplinary HD Clinic continues to offer support to individuals living with HD throughout the province. Neurologist; Dr. Andrew Kirk, Psychiatrist; Dr. Vern Bennett and the Saskatchewan Resource Center Director are a part of the team of HD specialists who address the medical, psychological, social and educational needs of HD patients and families. The goal of the clinic is for care to be facilitated, coordinated and managed together by all three with a closer tie to community services. Clinic dates are currently running once a month on a Thursday afternoon. **Please request that your family doctor refer you to the clinic by contacting Dr. Bennett's office at 306-844-1077.**

## Youth Mentorship Program

The HSC Mentorship Program is designed to support young people across Canada facing the everyday challenges of growing up in a family affected by Huntington disease. HSC is committed to offering a nationwide mentoring program that provides youth with one-on-one time and attention with a mentor who will receive ongoing support from a Social Worker within the HSC.

The goal of the program is to offer young people the opportunity to connect with a mentor who will be able to provide them with valuable support at critical points in their lives. The adult volunteers involved in the mentoring program will also be from families affected by HD. Sharing this common experience may assist them in better understanding and connecting to the youth mentees. The mentors will be committed to supporting, guiding, and being a friend to the youth. The mentors will listen and provide the youth with accurate and age appropriate information.

### **The mentorship program strives to:**

- Encourage and help prepare youth for the challenges they face
- Serve to help break down the sense of isolation many youth affected by HD experience
- Assist youth making informed decisions about their life
- Provide youth with positive role models and support
- Connect youth to YPAHD (Young People Affected by HD) and the HD community

**For more information contact Erin Stephen our Youth Mentorship Program Coordinator at [mentorship@huntingtonsociety.ca](mailto:mentorship@huntingtonsociety.ca) or toll free at 1-855-253-0215.**

**If anyone has any information from around the province that they would like to see featured in the newsletter, please contact Erin Stephen, Resource Centre Director for Saskatchewan so it can be included in upcoming issues. We would love to hear about what is happening around the province with regards to raising awareness, fundraising and support services.**