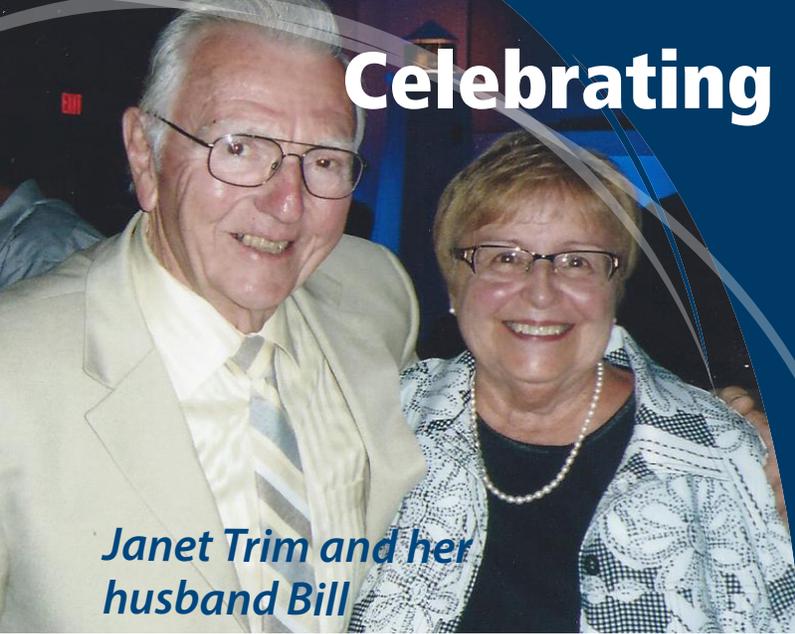


Celebrating Extraordinary People

Volunteer Spotlight: Janet Trim



Janet Trim and her husband Bill

"At our 25th wedding anniversary, we asked for donations to the Society in lieu of gifts."

It's been 60 years, but I can still remember how Aunt Shirley always dressed to the nines. Beautiful clothes, fabulous hair, stylish heels: she took her fashion seriously. So, when she showed up at a family picnic wearing running shoes, **I knew something was wrong. For Shirley to be in big comfy sneakers, it just wasn't her.**

My instincts were right: Shirley had Huntington disease, and her worsening balance had forced her into footwear that favoured stability over style. A teenager at the time, I was devastated to see my once-vibrant aunt deteriorate. We really loved Shirley, and it was just so sad to see her affected by this devastating disease.

Because Shirley married into the family, I had no risk of inheriting the fatal neurological disease. Still, that didn't make losing Shirley any easier. **I was determined to honour my aunt's memory by helping others affected by HD.** I made my first donation to the Huntington Society of Canada at Shirley's funeral, kick-starting my decades-long involvement with the organization.

I began selling and delivering Amaryllis with my husband, Bill. At our 25th wedding anniversary, we asked for donations to the Society in lieu of gifts. **I served as secretary of HSC's Toronto Chapter for several years and laced up my shoes for many HSC walkathons.**

Volunteering with the Society over the years has given me the opportunity to meet a lot of people in the HD community. Seeing their bravery and determination inspires me and fuels my passion for the Huntington disease cause.

I know that breakthroughs in HD research will benefit patients with other neurological diseases as well. Having a close friend with Parkinson's, I understand all too well what's at stake.

If we can do something to help somebody else, then we do what we can.

NATIONAL VOLUNTEER WEEK IS APRIL 6 -12

Help Celebrate our Extraordinary People!

"HSC's volunteers are the heart and soul of this organization. It is our volunteer core that makes real differences in the lives of individuals and families affected by Huntington disease. Actively raising awareness in their communities, advocating for the rights of those affected by HD, and raising funds that contribute to groundbreaking research triumphs, are just some of the inspiration that our volunteers provide us to continue our march toward a reliable treatment for HD."

Devin Bonner, National Chapter Development Manager

"Seeing their bravery and determination inspires me and fuels my passion for the Huntington disease cause."

